

**Growth Hormones****Member and Medication Information (required)**

Member ID:	Member Name:
DOB:	Weight:
Medication Name/ Strength:	Dose:

Directions for use:

**Provider Information (required)**

Name:	NPI:	Specialty:
Contact Person:	Office Phone:	Office Fax:

**FAX FORM AND RELEVANT DOCUMENTATION INCLUDING: LABORATORY RESULTS,  
CHART NOTES and/or UPDATED PROVIDER LETTER TO 855-828-4992**

**Please identify the indication and medication: (Preferred Products are in *bold*)**

<b>Pediatric Indications (17 years of age or younger)</b>									
Growth Failure secondary to Chronic Kidney Disease				Nutropin AQ					
Growth Hormone Deficiency	<b>Genotropin</b>	Humatrope	<b>Norditropin</b>	Nutropin AQ	Omnitrope	Saizen		Zomacton	
Idiopathic Short Stature	<b>Genotropin</b>	Humatrope	<b>Norditropin</b>	Nutropin AQ	Omnitrope			Zomacton	
Prader-Willi Syndrome (PWS)	<b>Genotropin</b>		<b>Norditropin</b>		Omnitrope				
Short Stature associated with Noonan Syndrome			<b>Norditropin</b>						
Short Stature Homeobox-containing Gene (SHOX) deficiency		Humatrope						Zomacton	
Small Gestational Age (SGA) failed to catch-up growth by age 2	<b>Genotropin</b>	Humatrope	<b>Norditropin</b>		Omnitrope			Zomacton	
Turner Syndrome	<b>Genotropin</b>	Humatrope	<b>Norditropin</b>	Nutropin AQ	Omnitrope			Zomacton	
<b>Adult Indications (18 years of age or older)</b>									
Growth Hormone Deficiency	<b>Genotropin</b>	Humatrope	<b>Norditropin</b>	Nutropin AQ	Omnitrope	Saizen		Zomacton	
HIV patients with wasting or cachexia						Saizen	Serostim		
Short Bowel Syndrome									Zorbtive

**Criteria for Approval:**

- ☐ Medication is prescribed by or in consultation with a physician who specializes in the disease treatment
- ☐ Must not have active malignancy
- ☐ Documented diagnosis of requested indication. Chart note #: \_\_\_\_\_

**Additional Criteria for HIV-Associated Wasting or Cachexia:**

- ☐ Must be given by or in consultation with HIV specialist
- ☐ Diagnosis of HIV with wasting or cachexia syndrome. Chart note page #: \_\_\_\_\_
- ☐ Must be taking antiretroviral medications. Chart note page #: \_\_\_\_\_
- ☐ BMI < 20. BMI: \_\_\_\_\_ Chart note #: \_\_\_\_\_
- ☐ Must not have any untreated or suspected systemic infection or persistent fever > 101 F during the 30 days prior to evaluation of weight loss.
- ☐ Must not have any signs or symptoms of gastrointestinal malabsorption or blockage unless on total parenteral nutrition.
- ☐ Rule out hypogonadism, opportunistic infection, diarrhea, inadequate nutrition intake, malabsorption, and thyroid abnormalities related to muscle wasted.
- ☐ Trial and failure of, or contraindication to a preferred appetite stimulant.

Medication: \_\_\_\_\_ Chart Note Page #: \_\_\_\_\_

Dates of therapy: \_\_\_\_\_ Details of Failure: \_\_\_\_\_

# UTAH DEPARTMENT OF HEALTH, PRIOR AUTHORIZATION REQUEST FORM

## Additional Criteria for Idiopathic Short Stature:

- ☐ Height standard deviation score (SDS) < -2.25
- ☐ Pre-pubertal when therapy is initiated

## Additional Criteria for Prader-Willi Syndrome:

- ☐ BMI  $\leq$  40. BMI: \_\_\_\_\_ Chart note #: \_\_\_\_\_
- ☐ No history of sleep apnea, upper airway obstruction, or unidentified respiratory infection. Chart note #: \_\_\_\_\_
- ☐ Ongoing monitoring for weight control and signs of respiratory infection

## Additional Criteria for Short Bowel Syndrome:

- ☐ 18 years of age or older
- ☐ Trial and failure of at least one preferred agent from all of the following drug classes:
  - ☐ Proton Pump Inhibitor: \_\_\_\_\_ Details of failure: \_\_\_\_\_
  - ☐ H2 Antagonist: \_\_\_\_\_ Details of failure: \_\_\_\_\_
  - ☐ Antidiarrheal: \_\_\_\_\_ Details of failure: \_\_\_\_\_
  - ☐ Octreotide: \_\_\_\_\_ Details of failure: \_\_\_\_\_

## Additional Criteria for Small for Gestational Age that fail to manifest catch-up growth by age 2: (max covered time period is 2 years)

- ☐ 2 years of age or older
- ☐ Diagnosis of small for gestational age. Chart note #: \_\_\_\_\_

## Non-Preferred Product: (Criteria above must also be met)

- ☐ Trial and failure of preferred Growth Hormone Therapy, per Utah Medicaid's PDL, or prescriber must demonstrate medical necessity for non-preferred product.  
Medication: \_\_\_\_\_ Chart Note Page #: \_\_\_\_\_  
Dates of therapy: \_\_\_\_\_ Details of Failure: \_\_\_\_\_

## Re-authorization Criteria:

Updated letter with medical justification or updated chart notes demonstrating positive clinical response.

**Authorization:** Up to six (6) months

**Re-authorization:** Up to one (1) year

## PROVIDER CERTIFICATION

I hereby certify this treatment is indicated, necessary and meets the guidelines for use.

\_\_\_\_\_  
Prescriber's Signature

\_\_\_\_\_  
Date